

## Fountain Hills McDowell Mountain Preserve Hikes from Adero Canyon Trailhead (ACT)

\* These are **hike descriptions**, not trail descriptions. Many hikes utilize more than one named trail.

\* Hikes are ranked in order of difficulty

\* Range of hiking times are for novice to regular hikers

\* Distance is total hike distance, i.e. round-trip

\* Hike times for experienced hikers will be less

\* The Western Trail hike is steep and rocky

Hike Name and Rating	Hiking time (hr:min)	Route	Type	Round trip miles	Cum elev. gain
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Less than 1 hour	Overlook	0:30	Follow the Overlook Trail to the Scenic Viewpoint. Continue on loop.	Lollipop loop	1.0	180
	Promenade	0:40 - 0:50	Take Promenade to Sonoran trail sign. Return.	Out & Back	1.7	150



1 to 2 hours	Andrews-Kinsey to Scottsdale border	1:10 - 1:20	Take the Andrews-Kinsey Trail to the McDowell Sonoran Conservancy sign. Return.	Out & Back	2.2	450
	North Leg	1:20 - 1:30	Follow the Promenade to North Leg trail. Hike to end. Return.	Out & Back	2.6	560
	Ridgeline - to mini-loop	1:20 - 1:40	Follow the Overlook Trail to the Ridgeline Trail. End at the mini-loop. Return.	Out & Back	2.6	630
	Sonoran Loop short	1:30 - 1:50	Follow Promenade to Sonoran, take 1st crossover, return on Lower Sonoran and Promenade.	Lollipop loop	3.3	580
	Andrews-Kinsey to AK5 marker	1:50 - 2:10	Take the Andrews-Kinsey Trail to Marker AK5 (view of Scottsdale). Return.	Out & Back	3.6	760

## Hikes from Adero Canyon Trailhead (ACT) (Continued)

Hike Name and Rating	Hiking time (hr:min)	Route	Type	Round trip miles	Cum elev. gain
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**Moderately  
Difficult**



2 to 3 hours	Ridgeline - to Scenic view only	1:50 - 2:10	Follow Overlook to Ridgeline. Take fork to Scenic view. Return	Out & Back	3.5	770
	Ridgeline Loop	2:00 - 2:20	Follow Overlook to Ridgeline. Take Lower Ridgeline to Ridgeline. Return.	Lollipop loop	3.4	710
	Ridgeline - Full	2:10 - 2:30	Follow Overlook to Ridgeline Scenic View. Return.	Out & Back	4.0	900
	Sonoran Loop medium	2:20 - 2:40	Follow Promenade to Sonoran, take 2nd crossover, return on Lower Sonoran and Promenade.	Lollipop loop	4.7	840
	Ridgeline - Full + Scenic view	2:20 - 2:40	Full Ridgeline hike. Continue to end. On return, detour to Scenic view. Return.	Out & Back	4.5	1010
	Mesquite Hollow (with Sonoran return)	2:30 - 2:50	Follow Promenade to Mesquite Hollow. Return via Sonoran and Promenade.	Loop	4.2	860
	Full Andrews-Kinsey	2:50 - 3:20	Take the Andrews-Kinsey Trail to the Hitching Post (junction with Sunrise Trail). Return.	Out & Back	5.8	1110
	Full Sonoran Loop	2:50 - 3:20	Follow Promenade to Sonoran, take to end, return on Lower Sonoran and Promenade.	Lollipop loop	5.7	1060



**Difficult**



More than 3 hours	Western Trail **	1:30 - 1:50	Follow the Andrews-Kinsey Trail to the Western Trail. Return on the Promenade.	Loop	2.7	710
	Full Sonoran loop plus Western Trail	3:30 - 4:00	Full Sonoran Loop hike. On return, take Western Trail to Andrews-Kinsey Trail.	Lollipop loop	6.4	1590

**\*\* The Western Trail hike is steep and rocky**